



**A Unique Place of Pilgrimage**



*Come as you are...  
to a quiet place and rest a while.*

*Lough Derg, the sanctuary of St Patrick, is a place apart,  
a sacred place where you can come as you are and return to daily life  
with fresh hope and new awareness for the journey ahead.*

*TO ALL OF YOU, who have journeyed to Lough Derg recently and in the past or perhaps have never been to this unique place but have thought about coming at some time, I would like to extend a special invitation.*

*Come walk in the footsteps of generations of pilgrims. Come and experience this place apart, a sacred place where everyone is welcome just as they are.*

*The experience cannot be explained with mere words, everyone's personal pilgrim journey to Lough Derg is special to them. As one of our pilgrims put it:*

*“yes, the three-day pilgrimage is challenging at a number of levels but well worth the effort when you reap the benefits in terms of finding renewed strength for life's journey, together with the peace of Christ and the reassurance that only a place like Lough Derg can give .....I'll definitely be back again...”*

*Recent years have noticed a growth in the number of younger people making the Three-Day Pilgrimage and likewise going away very encouraged and supported by the experience - something that we are so happy to be associated with in these difficult times.*

*If you have thought about coming to Lough Derg but never managed to get here or if you have been before and plan to return, it is our hope that you will say 'yes' to this invitation to come this year and experience the rich benefits of this ancient but ever-new pilgrim place.*

*Rev Owen J McEaney, Prior  
On behalf of the Lough Derg Team*



# Traditional Three Day Pilgrimage 2014

*“Doing Lough Derg is when I find my ‘still centre’. During the winter when I think of Lough Derg it brings back a feeling of calm and quietness.”*

Pilgrim Frank

Pilgrims may begin their Three Day Pilgrimage on any day of the week from **Friday 30th May until Wednesday 13th August**

The Three Day Pilgrimage follows a 1000 year old pattern and offers peace & personal challenge. There are no outsiders; barefooted everyone is equal. Over the three days pilgrims journey together as a Christian community in prayer.



**Times:** Boats are available from 11:00am until 3:00pm daily

**Admission:** Pilgrims should be at least 15 years old, able to walk & kneel unaided, undertake the pilgrimage in bare feet and fast\*.

Three Day Pilgrimage includes pastoral care, facilitated group prayer & reflection sessions and professional counselling services. Hospitality, hostel-style accommodation (bed linen is provided –

please bring towels and toiletries), 24/7 first aid support, all utilities and boat services. Free car & coach parking.

\* From midnight prior to arrival pilgrims observe a fast from all food and drink (water and prescribed medication excepted).

One simple ‘Lough Derg meal’ – plain toast, wheaten bread, oatcakes & black tea/coffee – can be had in the afternoon/evening on each day of the pilgrimage. The fast continues until midnight on the third day. Pilgrims should be free from any illness which is aggravated by fasting.

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**It is not necessary to book in advance** but for those who wish to do so, online booking facilities are available on [www.loughderg.org](http://www.loughderg.org) or telephone 071 9861518 (from NI 028 686 32391)

# One Day Retreats 2014

*"I have been coming on One Day Retreats since they began in the early 1990's. I have an opportunity to take time out from the noise of life and spend a day in a deep and meaningful way that makes a difference to my life."* Pilgrim Anne

**May:** 3, 4, 5, 10, 11, 13, 17, 18, 20, 24, 25 & 26  
**August:** 17, 18, 19, 20, 23, 24, 25, 26, 30 & 31  
**September:** 2, 6, 9, 10, 13, 14, 15, 16, 20 & 21

These guided days of prayer and reflection include Prayers of Intercession and Healing of Memories as well as the Sacrament of Reconciliation and celebration of Eucharist. The afternoon offers an opportunity for quiet time and contemplation. All are welcome to experience the sanctity of this special place.



**Times:** Boats are available from 9:15am. Opening Prayers begin at 10:15am & the day concludes at approximately 4:30pm

**Admission:** One Day Retreats are open to all adults; they are not suited to children. Those unable to make the traditional Three Day Pilgrimage are

particularly welcome. Fasting or walking bare-footed is not required. Admission includes ministry services & pastoral care, tea & scones on arrival, a light lunch and return boat services. Free car & coach parking.

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**Places are limited. Advance booking essential.** Book online at: [www.loughderg.org](http://www.loughderg.org), by telephone: 071 9861518 (from NI 028 686 32391), by email: [info@loughderg.org](mailto:info@loughderg.org).

# 2014 Season Summary

<b>5th March</b>	Ash Wednesday A Day of Friendship & Prayer
<b>19th April</b>	Lough Derg Pilgrim Path Walk
<b>Specific days in May</b>	One Day Retreats
<b>14th May</b>	Quiet Day
<b>22nd May</b>	Living With Cancer
<b>30th May until 15th August</b>	Traditional Three Day Pilgrimage
<b>Specific days in August</b>	One Day Retreats
<b>22nd August</b>	Family Day Retreat
<b>Specific days in September</b>	One Day Retreats
<b>1st September</b>	Quiet Day
<b>7th September</b>	Faith & Light Regional Pilgrimage
<b>17th September</b>	A Day Of Healing
<b>24th September</b>	Living With Suicide

Further information on these events is available on [www.loughderg.org](http://www.loughderg.org)

## Admission

**Three Day Pilgrimage:** €70, *student discount 15% concessions for seniors & groups*

**One Day Retreat:** €40, *concessions for groups*

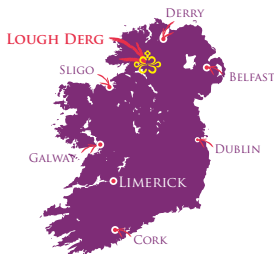
**Themed Retreat Days:** Prices vary, telephone for further information.

If you wish to speak to us about admission – spreading the cost or making a deposit – you can contact Maureen confidentially on 071 9861518 (from NI 028 686 32391).

**Lough Derg is a Registered Charity**

## Where is Lough Derg?

Lough Derg lies about four miles north of the village of Pettigo, on the Donegal / Fermanagh border. Station Island, the location of the pilgrimage, is often referred to as Saint Patrick's Purgatory or simply Lough Derg.



## Contact information:

Tel: **071 9861518** (from NI 028 686 32391)

Email: **info@loughderg.org**

Write to: **The Prior, Lough Derg, Pettigo, Co Donegal**

Web: [www.loughderg.org](http://www.loughderg.org)

Videos on Lough Derg

**[www.icatholic.ie/loughderg](http://www.icatholic.ie/loughderg)**

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## How do I get there?

### By Bus

There are numerous organised Three Day Pilgrimages and One Day Retreats with pick up points nationwide.

Contact Lough Derg to find out dates & details of organised trips from your area. Tel. 071 9861518

Email. [info@loughderg.org](mailto:info@loughderg.org)  
[www.loughderg.org/](http://www.loughderg.org/)  
[organisedpilgrimages2014](http://organisedpilgrimages2014)

### By Car

Sat Nav/GPS Coordinates  
N: 54.60707 / W: -7.85706

Dublin (3hrs)	Galway (3hrs)	Sligo (1½hrs)
Belfast (2hrs)	Enniskillen (½hr)	Omagh (½hr)
Derry (1hr)	Letterkenny (1¼hrs)	

**Car sharing forum** check out  
[www.loughderg.org/carshare](http://www.loughderg.org/carshare)